

V. TORONTO ACTIVITIES OF DAILY LIVING

PRERECORD "CHANGE" QUESTIONS 2, 4, 6, 8, 10, 12, 14, 17, 19A, 19B, 21. REFER TO INTERVIEWER'S MANUAL.

Now, I have a few more questions I would like to ask you about your daily activities.

1. WALKING

A. Are you able to walk at all either with or without help?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3 → (SKIP TO Q2)

Ea. When you walk, do you walk by yourself, without any assistance whatsoever?

- YES.....1
- YES, WITH DIFFICULTY.....2 } → (SKIP TO C)
- NO.....3

IF NO, ASK:

Bb. What kind of aid or assistance do you require?

(SPECIFY) _____

C. Are you able to walk within your home?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3 → (SKIP TO Q2)

D. Are you able to walk outside your home?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3 → (SKIP TO Q2)

E. Are you able to walk a distance of one block?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3 → (SKIP TO Q2)

F. Are you able to walk four blocks or more?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3 → (SKIP TO Q2)

G. Are you able to walk one mile?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3 → (SKIP TO Q2)

H. Are you able to run several hundred yards?

- YES.....1
- NO.....3

2. Since (MEDICATION DAY) _____ would you say your ability to walk has changed to become: (SHOW CARD V AND TELL R WE WILL BE REFERRING TO IT AGAIN.)

- a lot better.....1
- somewhat better.....2
- somewhat worse.....3
- a lot worse.....4
- or has there been no change at all.....5

3. USE OF TRANSPORT

A. If you had to, at present, are you able to travel in a bus, street car, or train?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

B. If you had to, at present, are you able to travel by car or taxi?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

4. Since (MEDICATION DAY) _____ would you say your ability to use transport has changed to become: REFER TO CARD V.

- a lot better.....1
- somewhat better.....2
- somewhat worse.....3
- a lot worse.....4
- or has there been no change at all.....5

5. CLIMBING

A. Are you able, at present, to manage stairs with or without help?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3 → (SKIP TO Q6)

B. At present, are you able to manage 2 flights of stairs (16 steps)?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

} → (SKIP TO Q6)

C. At present, are you able to manage one flight of stairs (8 steps)?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

} → (SKIP TO Q6)

D. Are you able to manage two to four steps?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

WORK AT HOME

G. Are you able, at present, to work around the house doing such things as:

YES.....1
NO.....2

- 1. carrying light objects, such as books? _____
- 2. dusting? _____
- 3. washing clothes by hand? _____
- 4. washing windows? _____
- 5. sweeping floors? _____
- 6. moving furniture? _____
- 7. carrying heavy objects, such as a full shopping bag? _____
- 8. digging in the garden? _____
- 9. pulling weeds? _____
- 10. mowing the lawn either by hand or power? _____

REST PERIODS

H. How long can you do light work before you must take at least a few minutes break?

MINUTES OR HOURS

MINUTES

I. How long can you do heavy work before you must take at least a few minutes break?

MINUTES OR HOURS

MINUTES

19A. Since (MEDICATION DAY) _____ would you say your ability to do light housework has changed to become: REFER TO CARD V.

- a lot better.....1
- somewhat better.....2
- somewhat worse.....3
- a lot worse.....4
- or has there been no change at all.....5

B. Since (MEDICATION DAY) _____ would you say your ability to do heavy housework has changed to become: REFER TO CARD V.

- a lot better.....1
- somewhat better.....2
- somewhat worse.....3
- a lot worse.....4
- or has there been no change at all.....5

18. WORK OUTSIDE THE HOME

Now, I will ask you some questions about your general ability to participate in activities outside your home.

A. Did you, in the past, work for pay or participate in a volunteer activity outside your home?

YES.....1
NO.....2

B. Do you now work for pay or participate in a volunteer activity outside your home?

YES.....1 → (SKIP TO QE)
NO.....2

IF RESPONDENT ANSWERED YES TO (A) AND NO TO (B), ASK THE FOLLOWING QUESTION. OTHERWISE SKIP TO QUESTION (D).

C. Has this changed:

1. because of arthritis?

2. due to retirement?

3. due to other reasons? (SPECIFY) _____

YES.....1
NO.....2

D. If you had to, are you able, at present, to perform in either volunteer or paid employment outside your home?

YES.....1
NO.....2

E. Have you ever tried to obtain employment since your arthritis started?

YES.....1
NO.....2

F. In the last 2 weeks, how many days were you confined to your home because of arthritis? (RECORD VERBATIM)

NUMBER OF DAYS

DAYS

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16. SPECIAL HAND AND ARM FUNCTIONS

A. Are you able to grip and turn a doorknob or handle, at present?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

B. Are you able to grip and turn a key, at present?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

C. Are you able to use your fingers for fine work such as picking up change, at present?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

D. Are you able to open jars with screw tops, at present?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

E. Are you able to use a pen or pencil to write with, at present?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

F. Are you able to use scissors or clippers for cutting or grooming your fingernails, at present?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

G. Are you able to use scissors or clippers for cutting or grooming your toenails, at present?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

17. Since (MEDICATION DAY) _____ would you say your ability to perform these hand and arm functions has changed to become: REFER TO CARD V.

- a lot better.....1
- somewhat better.....2
- somewhat worse.....3
- a lot worse.....4
- or has there been no change at all.....5

D. Are you able, at present, to shave or apply cosmetics?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

E. Are you able, at present, to wash your hair?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

F. Are you able, at present, to comb your hair?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

G. Are you able, at present, to bathe in a bathtub?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3 → (SKIP TO QI)

H. Are you able, at present, to bathe without relying on a bath stool or tub board?

- YES.....1
 - YES, WITH DIFFICULTY.....2
 - NO.....3
- } → (SKIP TO QJ)

I. Do you have difficulty getting in and out of a bathtub at present?

- YES.....1
- NO.....2

J. Are you able, at present, to scrub all parts of your body?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

14. Since (MEDICATION DAY) _____ would you say your ability to wash and groom yourself has changed to become: REFER TO CARD V.

- a lot better.....1
- somewhat better.....2
- somewhat worse.....3
- a lot worse.....4
- or has there been no change at all.....5

15. TOILET

Are you able to use the toilet, at present?

- YES.....1
- YES, WITH DIFFICULTY (INCLUDES RAISED TOILET SEAT OR COMMUNE).....2
- NO (RELIES ON BEDPAN OR OTHER MEANS).....3

D. Could you tell me which dressing activities are difficult for you, at present? (For example, managing shoes, shoelaces, socks, stockings, neckties, scarves, undergarments, over-the-head clothing, etc.)

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

E. Could you tell me which dressing activities you are unable to manage by yourself, at present?

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

12. Since (MEDICATION DAY) _____ would you say your ability to dress or undress has changed to become: REFER TO CARD V.

- a lot better.....1
- somewhat better.....2
- somewhat worse.....3
- a lot worse.....4
- or has there been no change at all.....5

13. WASHING AND GROOMING

A. Are you able, at present, to turn taps and faucets off tightly?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

B. Are you able, at present, to wash your face and hands?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

C. Are you able, at present, to brush your teeth?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

C. At present, are you able to eat without the assistance of another person?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

D. At present, are you able to grip and lift full glasses or cups?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

E. At present, are you able to pour tea or coffee from a pot?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

10. Since (MEDICATION DAY) _____ would you say your ability to feed yourself has changed to become: REFER TO CARD V.

- a lot better.....1
- somewhat better.....2
- somewhat worse.....3
- a lot worse.....4
- or has there been no change at all.....5

11. DRESSING

Aa. At present, are you able to dress and undress completely for your usual daily activities?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

IF NO, ASK:

Ab. What kinds of aids or assistance do you require?

(SPECIFY) _____

B. Are you able to manage all your buttons, zippers, and fasteners, at present?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

C. Are you able to manage all other activities related to dressing and undressing, at present?

- YES.....1 → (SKIP TO Q12)
- YES, DIFFICULTY WITH SOME.....2
- YES, DIFFICULTY WITH MOST.....3
- NO.....4

6. Since (MEDICATION DAY) _____ would you say your ability to manage stairs has changed to become: REFER TO CARD V.

- a lot better.....1
- somewhat better.....2
- somewhat worse.....3
- a lot worse.....4
- or has there been no change at all.....5

7. CHAIRS AND TRANSFERS

A. Are you able to get from bed to (chair/wheelchair) and back again at the present time?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

B. Are you able, at present, to get up from an ordinary chair, i.e., a chair without arms?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

C. If you had to, are you able, at present, to get up from the floor by yourself?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

Since (MEDICATION DAY) _____ would you say your ability to move out of bed, out of a chair, or get up from the floor has changed to become: REFER TO CARD V.

- a lot better.....1
- somewhat better.....2
- somewhat worse.....3
- a lot worse.....4
- or has there been no change at all.....5

EATING

A. At present, are you able to eat without the use of special utensils?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

B. At present, are you able to cut meat by yourself?

- YES.....1
- YES, WITH DIFFICULTY.....2
- NO.....3

20. PLAY

A. Do you, at present, participate in any recreational activity or hobby?

YES.....1
NO.....2 → (SKIP TO Q21)

B. What activities or hobbies do you participate in?

YES.....1
NO.....2

1. Skiing _____

2. Tennis _____

3. Golf _____

4. Swimming _____

5. Walking _____

6. Activities, hobbies in the home only (SPECIFY) _____

7. Other (SPECIFY) _____

21. Since (MEDICATION DAY) _____ would you say your ability to participate in recreational activities or hobbies has changed to become: REFER TO CARD V.

a lot better.....1
somewhat better.....2
somewhat worse.....3
a lot worse.....4
or has there been no change at all.....5