

SITTING ASSESSMENT SCALE

HEAD CONTROL

1. None: unable to hold head erect or needs neck support.
2. Poor: holds the head erect for ≤ 2 minutes* easily loses control.
3. Fair: holds head erect but displaces with acceleration/rotation.
4. Good: holds head upright and able to rotate.

TRUNK CONTROL

1. None: lacks control of trunk or needs back support.
2. Poor: holds trunk erect only when supported by forearms or hand
3. Fair: holds trunk erect supported by one forearm or hand, some degree of lateral flexion can occur.
4. Good: holds trunk erect with and without forearm or hand support, with pelvis supported or unsupported.

FOOT CONTROL

1. None: unable to hold feet against underlying surface without fixation.
2. Poor: holds feet against underlying surface for ≤ 2 minutes*.
3. Fair: good control of one foot, less control of the other.
4. Good: holds feet against underlying surface for entire period.

ARM FUNCTION

1. None: unable to control arms at will.
2. Poor: uses arms for support, but easily loses control: stretches arms towards objects but in uncontrolled movements.
3. Fair: uses one arm for support and stretches other arm towards objects intentionally.
4. Good: uses one or both arms for support, stretches arms towards objects intentionally or uses arms for functional movements.

HAND FUNCTION

1. None: unable to grasp objects, knocks object with one hand.
2. Poor: grasps and holds objects using uncontrolled movements.
3. Fair: good function in one hand, less control of the other.
4. Good: good function in both hands, or able to consciously grasp, hold and release objects.

* Accumulation duration, maximum two minutes out of five.